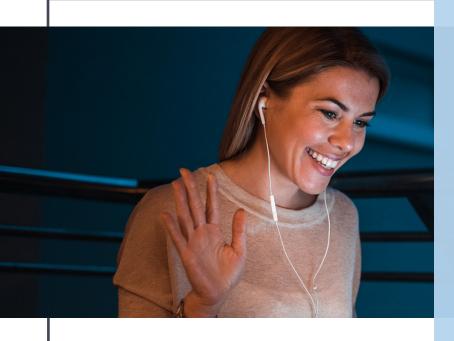


## Making world-class leadership development available to all.



Our mission at Resilient Leaders Elements



# **RLE ACCELERATE**<sup>TM</sup>

For those who want one-to-one support with your own personally matched coach.

Virtual 1:1 coaching

## **About RLE**

Motivated by the paralysing affect the London bombings had on the people involved, we began our work on resilience in leadership in the 1990s.

We distilled our experience to identify four essential Resilient Leaders Elements (RLE™): Clarity of Direction, Resilient Decision Making, Awareness and Leadership Presence.

Ourse content Self-assessment 360 assessment

Measure impact

Focused coaching sessions



Tailored challenges

Goals **Development Areas** Strength Mantra

## What you gain



Absolute clarity on your strengths and development areas



**Break** ingrained habits



Heightened self awareness, creates focus and targets your priority areas for development



Define and achieve your goals



Be supported and challenged throughout



Measure progress and articulate your transformation

### Your commitment

- Participation in four 90-minute online sessions over three months with an experienced Resilient Leaders Consultant
- Completion of work between sessions using the online Resilient Leaders Development Programme (RLDP™)

### Course structure

	Assessment	Discovery	Challenge	Completion
	Week 1	Week 3	Week 8	Week 13
Session content	Discussion of motives for coaching  Coaching contract  Overview of RLE™ sent to leader with instructions on how to access and use the RLDP™	Debrief RLA® results Clarify goal Agree action plan	Isolate blockers to behaviour change and strengthen motivation to overcome them Introduce relevant tools to supplement RLDP™ Agree action plan	Review progress including celebration of successes and identification of continuing challenges  Agree action plan
Individual Iearning	Complete RLA® Self and and Feedback assessments	Engage with RLDP™	Engage with RLDP™ Reassess RLA®	Continue RLDP™

The ACCELERATE<sup>TM</sup> programme **enhances clarity of direction** and **accelerates leadership growth** in areas that are most important to you.

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Find out more and book a consultation on our website:

www.resilientleaderselements.com/packages





